CLAIMS

1. A blister pack for use with inhalation therapy inhalers comprising an elongate bottom element, having a frangible overlying top element defining a plurality of spaced top crowned areas containing powder or liquid material.

2. A blister pack according to claim 1, wherein said lower element comprises an elongate flexible tape.

3. A blister pack according to claim 1, wherein said top crowned areas are shaped as inverted cones.

4. A blister pack according to claim 1, wherein said top crowned areas are shaped as inverted domes.

5. A blister pack according to claim 1, wherein the bottom element includes a depression opposite the top crowned areas.

6. A blister pack according to claim 5, wherein the depression is shaped as an inverted dome.

7. A blister pack according to claim 5, wherein the depression is shaped as an inverted pill box.

8. A blister pack according to claim 1, wherein said material comprises a medication.

9. A blister pack according to claim 1, wherein said material comprises a vitamin.

10. A blister pack according to claim 1, wherein said material comprises a hormone.

11. A blister pack according to claim 1, wherein said material comprises a steroid.

12. A blister pack according to claim 1, wherein said material comprises a bioactive material.

13. A blister pack according to claim 1, wherein the size and number of holes together with volume formed by the blister pack are optimized for de-aggregation and aerosolization of material in the blister pack.

14. A blister pack according to claim 1, wherein the height and shape of the blister pack is optimized for de-aggregation and aerosolization of material in the blister pack.

15. A blister pack according to claim 1, wherein the interface to the vibrator is optimized for optimum coupling of the energy into the blister pack for de-aggregation and aerosolization of material in the blister pack.